

## Lunch Menu Week 3 - 11.30am



### Monday

Potato, spinach and chickpea curry with brown rice  
Galia melon and dried dates

### Tuesday

Lamb meatballs in a vegetable tomato sauce with spaghetti pasta and grated  
cheese  
Falafels  
Peaches and plums

### Wednesday

Beef sausage casserole with mixed root vegetables in gravy served with  
dumplings  
Meat free sausages  
Apples and dried apricots

### Thursday

Roast chicken, roast potatoes and vegetable floret mix  
Portobello mushroom topped with mozzarella and tomato  
Brioche and butter pudding

### Friday

Mixed Fish pie with a side of peas and corn  
Mixed vegetable pie  
Purples grapes and pears